



Big Brekkie



Ronald McDonald
House Charities®
Northern NSW

Many of the families who come to stay at Ronald McDonald House have dropped everything to rush to John Hunter Children's Hospital so their seriously sick child can get the immediate help they need.

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Big Brekkie

HOW DOES IT WORK?

Ronald McDonald House Newcastle continually strives to make a positive impact on the health and wellbeing of children with illness and disability, and their families – this includes providing a safe and supportive home for families and a nourishing, home cooked meal that is appreciated by parents and carers after a long day spent beside their child's hospital bed.

For 365 nights a year, over 600 families will sleep under the roof we've provided at Ronald McDonald House, Newcastle. We created this space so we can keep families together while their seriously ill child gets the vital medical treatment they need. They spend hours every day beside their child's bed, which can be a very stressful experience.

Big Brekkie is a chance to get creative and cook the most important meal of the day – breakfast – for the families staying at Ronald McDonald House. After a tour of the House, so you can see the service we offer to keep families together, we'll provide the kitchen and cooking facilities, you provide the food and enthusiastic chefs.

You don't need to be a master chef in the kitchen – our families just appreciate the thought that goes into a home-cooked meal. At the end of your cook-up, we invite you to sit down in the dining room and share the meal with the families in the House and our Big Brekkie volunteers.



THE BENEFITS FOR YOUR TEAM

Cooking a Big Brekkie for families at Ronald McDonald House is an unforgettable team-building experience that demonstrates your organisation's commitment to corporate social responsibility in a meaningful way.

Bring your brand values to life by aligning your organisation with a leading children's charity that understands the importance of providing family-centred care, and drive greater employee engagement by inspiring staff, building morale and encouraging creativity.



WHAT CAN YOU COOK?

Whatever you like! Parents staying at the House spend long hours in the hospital. Often, the last thing they feel like doing is cooking for themselves and their family. Your Big Brekkie will make life a little bit easier and give families a much-needed break.

Popular breakfast options include bacon and eggs, fruit, yoghurt and muesli, or pancakes. We have everything you need for your creation – a purpose-built kitchen, outdoor BBQ area that is great for bacon and eggs, and even a pancake-making machine.

We usually have 30 people to cook breakfast for, plus your volunteers. Please bear in mind that families in the House go back and forth



between the hospital and the House throughout the day and evening. It's best to cook something that can be reheated should a family miss your breakfast for an early start in the hospital.



THE IMPACT YOU'LL MAKE

Providing a simple home-cooked meal makes an incredible difference for all of the families that stay at Ronald McDonald House.

Every year we welcome over 600 families into the Newcastle House, providing accommodation and support for travelling families so their child can receive medical treatment close by.

We further support families through our Family Rooms located in the John Hunter Children's Hospital, providing a much-needed place for families to take a break from the ward. Our Learning Program offers tutoring and educational liaison for children that have missed substantial schooling because of their medical condition. Our Holiday Retreat at Forster gives families the chance to take a well-deserved break and reconnect.

Ronald McDonald House Newcastle is an independent charity that relies on community support and fundraising to deliver our mission to provide quality family centred care to hundreds of families every year.

Your time and contribution will help keep families together at a time when they need it the most.



"Thank you for the warm meal from your warm hearts. When things get turned upside down it is so nice to have a meal cooked for you. Thanks."
– Karlie & Andy



HOW DO YOU SIGN UP?

Follow the steps below to book your Big Brekkie experience:

- Click the link on the website.
- Choose the date that suits you.
- Make your payment for your Big Brekkie experience. Your donation will go directly towards helping keep families together.
- A member of our team will confirm your booking with you.
- Mark the date in everyone's calendar so you know when you are booked in for.
- We will send you emails with more information and the next steps for your booking, including your meal selection!

Company Address

John Hunter Children's Hospital,
Lookout Rd, New Lambton Heights
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Phone

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Online

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